



# The Journal

Vol. 27

No. 7

[www.cnic.navy.mil/bethesda/](http://www.cnic.navy.mil/bethesda/)

February 19, 2015

## Facility Dog Archie Receives Promotion



Facility Dog Archie shakes the hand of Lt. Col. Jennifer Anthis, officer-in-charge, Wounded Warrior Battalion-East, during his promotion ceremony to Gunnery Sgt. at the Warrior Café Feb. 13. Archie, the only Marine facility dog as well as the only German Shepherd, serving as a facility K-9 ambassador in the Walter Reed National Military Medical Center's Facility Dog Program, visits patients and staff to promote health and wellness during the day's events. Archie was also one of four dogs given to the program from Southeastern Guide Dogs. Please visit Archie's Facebook page by the name Archie O'Connor to learn more about him.

## Joint Commission Survey Begins Monday

**By Sharon Renee Taylor**  
**WRNMMC Public Affairs**  
**staff writer**

A five-day review will evaluate Walter Reed National Military Medical Center (WRNMMC) quality of health care, patient safety and efficiency of administrative procedures starting Monday. Every staffer should take three steps to pre-

pare for the upcoming Joint Commission (JC) Survey at the medical center, according to officials.

"First, know our organization's mission, vision, goals, values, and why we're here," explained Gene Monroe, Joint Commission program manager at WRNMMC.

"Second, we should understand the needs of our patients and customers," Monroe contin-

ued. "Third, we should be able to speak to how we meet those needs with high quality treatment and services delivered in a patient/customer-centered and safe fashion.

"We're not doing this for the next survey; we're doing it for our next patient, our next customer," Monroe added.

The medical center completed its last Joint Commission assessment successfully in 2012,

receiving full accreditation.

"The last time we did very, very well," Monroe said.

He explained the JC surveys health-care facilities every three years and no longer provides ratings. The Commission now awards full accreditation for behavioral health and hospital services.

Walter Reed Bethesda's preparations for the upcoming survey began the moment the

medical center completed the last survey, according to Monroe. He said the medical center started planning the next mock survey straightaway and remains engaged in a robust, continuous cycle of assessment and improvement at all levels of the organization.

"It's a [continuous] process: assess and then improve,

See **SURVEY** page 7

# Commander's Column

There are numerous publications on the subject of leadership that can be found in any book store, library or on-line. Additionally, there is a plethora of leadership courses you can take to sharpen your skill to be a proficient leader. If your passion is to complete graduate school, you can earn a masters or doctoral degree in leadership as well. The opportunities to increase your knowledge in the area of leadership are endless.

Leadership can be defined in a number of ways. It can be a position that some hold, such as your supervisor. It can be referred to as a period of time in which someone held a leadership position, "under her leadership, great progress was made." Leadership could also mean a group of people, "the leadership of the command is very supportive of expanding educational opportunities." Then, there is the quality of leadership aimed at the ability to guide and direct others for success. It's this last definition of leadership that I would like to focus on.

Every year the Center for Personal and Professional Development publishes the Navy Leader Planning Guide to provide educational opportunities for Sailors to sharpen and develop their leadership competencies. The guide provides tools to develop Sailors to be effective leaders in support of the overall Navy mission.

The 2015 Navy Leader Planning Guide identifies 11 Principles of Navy Leadership - principles every leader should strive for in order to become more effective in their leadership role. The second principle, to be "technically and tactically proficient," includes seven elements. These elements introduce the idea of professional competency and can be used as a guide to jump-start your role in becoming a successful leader.

**1. Know what is expected of you, and then expend time and energy on becoming proficient at those things.** This comes down to knowing your job thoroughly and performing it to the best of your ability. It implies familiarity with all aspects of your job. Not a small task, however, it does require diligence and determination.

**2. Form an attitude early on of seeking to learn more than is necessary.** Determina-



tion to reach your goals coupled with dedication and self-discipline are important attributes for those earnestly seeking self-improvement.

**3. Observe and study the actions of capable leaders.** Strength of character is built on reflecting the values of others worthy of emulating.

**4. Spend time with those people who are recognized as technically and tactically proficient.**

**Learn as much as you can from them.** A great leader strives with compassion and conviction to be the best they can be and to search for those who have the skill set to get them there.

**5. Seek feedback from technically and tactically competent people concerning your own performance. Be willing to change.** A great leader will provide feedback on your performance to motivate you to succeed. Heed their advice.

**6. Seek opportunities to apply knowledge through the exercise of command. Good leadership is acquired only through practice.** Being in charge does not limit itself to the commanding officer. There are multiple opportunities to 'be in charge' as you move up the ranks. Seek after those opportunities and when they present themselves, capitalize on the invaluable experience you will gain from that opportunity.

**7. Prepare yourself for the job of the leader at the next higher rank.** You should always be in a state of growth with increasing awareness of the moral integrity required at the next higher level of responsibility.

Vice Adm. James Stockdale, who received the Medal of Honor in 1976, was tested in his leadership role during the eight years he spent as a prisoner of war in Hanoi, Vietnam. He said, "we need people who are ... eager to handle the unexpected." Set the example. Be the leader who is characterized as technically and tactically proficient.

*Capt. Phillip M. Sanchez, MSC, USN  
Commanding Officer, Navy Medicine  
Professional Development Center*

## Bethesda Notebook

### Black History Month Observance

The Bethesda Multi-Cultural Committee will host a program in observance of Black History Month today at 11:30 a.m. in the America Building (Building 19), lobby (piano area). Walter Reed Bethesda staff will perform at the program, which will also include food, cake and punch. For more information, contact Hospital Corpsman 2nd Class Buddhika Abeyratne at 301-295-4265.

### Seven Deadly Sins Bible Study Group

The Naval Support Activity Bethesda (NSAB) Religious Ministry Department will hold a Bible study group every Wednesday through April 18 from 11:45 a.m. to 12:30 p.m in the USO Warrior and Family Center. The Bible study group is designed to help those navigate their journey through Lent. All are encouraged to attend. For more information about the group please contact the NSAB Religious Ministry Department at either 301-319-2118, 310-369-5058 or 301-318-9228.

### DHA Town Hall

Air Force Lt. Gen. Douglas Robb, director of the Defense Health Agency (DHA), will host a town hall, "DHA - One Year in Review," on Monday at 7 a.m. in Memorial Auditorium. All Walter Reed Bethesda staff members are encouraged to attend.

### Navy Medical Corps Ball

The 144th Navy Medical Corps Ball is scheduled for March 14 from 6 to 11 p.m. at the Mayflower Renaissance Hotel in Washington, D.C. Guest speaker will be Dr. Jonathan Woodson, assistant secretary of defense for health affairs. For more information, contact Kimberly Fagen at [Kimberly.e.fagen.mil@mail.mil](mailto:Kimberly.e.fagen.mil@mail.mil), or visit <https://sites.google.com/site/medicalcorpsball/home>.

Published by offset every Thursday by Comprint Military Publications, 9030 Comprint Court, Gaithersburg, Md. 20877, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Support Activity Bethesda, Md. This commercial enterprise newspaper is an authorized publication for members of the military services. Contents of The Journal are not necessarily the official views of, nor endorsed by, the U.S. Government, the Department of Defense, or the Department of Navy. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Comprint, Inc., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color,



religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user, or patron. Editorial content is edited, prepared and provided by the Public Affairs Office, Naval Support Activity Bethesda, Md. News copy should be submitted to the Public Affairs Office, Building 17, first floor, across from PSD, by noon one week preceding the desired publication date. News items are welcomed from all installation sources. Inquiries about news copy will be answered by calling 301-295-1803. Commercial advertising should be placed with the publisher by calling 301-921-2800. Publisher's advertising offices are located at 9030 Comprint Court, Gaithersburg, Md. 20877. Classified ads can be placed by calling 301-670-1700.

## Naval Support Activity (NSA) Bethesda

Commanding Officer: Capt. David A. Bitonti  
Public Affairs Officer: Ronald D. Inman  
Public Affairs Office: 301-295-1803

NSAB Ombudsman  
Michelle Herrera 240-370-5421

NSAB Chaplain's Office 301-319-4443/4706

### Journal Staff

Managing Editor MC2 Brandon Williams-Church  
WRNMMC Editor Bernard Little

Sexual Assault Response  
Coordinator Hotline 301-442-2053

Staff Writers MC1 Christopher Krucke  
Andrew Damstedt  
Sarah Marshall  
Katrina Skinner  
Sharon Renee Taylor

NSA Bethesda  
Fleet And Family Support Center 301-319-4087  
  
Walter Reed National Military Medical Center  
Office of Media Relations 301-295-5727  
NSAB Emergency Information Line 301-295-6246

### Visit us on Facebook:

Naval Support Activity Bethesda page:  
<https://www.facebook.com/NSABethesda>  
  
Walter Reed National Medical Center page:  
<http://www.facebook.com/pages/Walter-Reed-National-Military-Medical-Center/295857217111107>  
  
Uniformed Services University of the Health Sciences page:  
<http://www.facebook.com/pages/Uniformed-Services-University-of-the-Health-Sciences/96338890888?ref=ts>

# Battlefield Acupuncture

## Class Scheduled for Feb. 24; Therapy Used to Provide Pain Relief



Courtesy photo

**Walter Reed Bethesda is offering a Battlefield Acupuncture (BFA) Class on Tuesday open to physicians, physician assistants, nurses, nurse practitioners and select corpsmen at the medical center. BFA can be used as an alternative or complementary therapy for pain relief.**

**By Sharon Renee Taylor**  
WRNMMC Public Affairs  
staff writer

Walter Reed National Military Medical Center (WRNMMC) will offer a Battlefield Acupuncture (BFA) Class on Tuesday from noon to 4 p.m. The class is open to physicians, physician assistants, nurses, nurse practitioners and select corpsmen at the medical center.

"Providing this course is another tool for providers, nurses, and corpsmen to pull from their tool box to treat pain, and it has shown benefit for many," explained Amy Osik, who coordinates the class at WRNMMC.

BFA is quick, effective and can be done almost anywhere in almost any situation, according to Osik. She said the effects of this particular acupuncture treatment are almost immediate. Acupuncture can be an easy and gentle way to treat either acute or chronic problems, she added. It can be used as a stand-alone treatment or in conjunction with other modalities.

Students in the course learn the protocol to follow when they administer BFA and receive instruction on placement of the needles in the ear that includes practice on replica ears, fellow students and real patients.

"Having had the course and receiving acupuncture myself, I have advocated

to patients the usefulness of combining Western and Eastern treatment modalities. Some of our patients want [fewer] medications and seem to be open to looking at alternative therapies, such as acupuncture," explained Navy Cmdr. Linda Nash, a WRNMMC nurse who serves as a patient care coordinator and the orthopedic clinic manager. "The procedure is brief but can have an immense impact on a patient's quality of life," she added. She took the BFA Course in October 2014 with five other orthopedic colleagues.

To date, 150 practitioners have completed the BFA course since it began in December 2013 to provide acupuncture training on site to Walter Reed Bethesda providers. The medical center also offers an eight-hour BFA Train-the-Trainer Course for physician acupuncturists, to increase the number of trainers for the BFA course.

Dr. Steven Sharp, an integrative pain medicine physician at WRNMMC, is one of several acupuncturists at Walter Reed Bethesda who teach the BFA Course. He began performing acupuncture about 30 years ago.

"Many people are looking for alternatives to medications and especially treatments with fewer side effects," Sharp said. Greater is the push of the U.S. health care system for alternatives as the numbers of people — civilian and military, dependent and/or those addicted to

pain medications — as well as the use of other medications increase, he explained.

Acupuncture and other therapies should not be alternative but integrative — most effective when incorporated into a full pain/treatment program that includes traditional and complementary forms of treatment, Sharp said. Better, faster results are obtained if acupuncture is implemented early in the treatment course, rather than as a last resort when nothing else seems to work, he added.

Army Lt. Col. Shannon Marie Lynch, chief of Physical Therapy Service at Walter Reed Bethesda, explained she and her colleagues use acupuncture as an adjunct to all the other therapy they provide.

Lynch took the BFA course two years ago, and said she feels acupuncture is an easy and safe method. She said it's great that there is a wide push to make this training available to many different providers at WRNMMC.

To register for Tuesday BFA course, contact Amy Osik by email at [Amy.J.Osik.ctr@mail.mil](mailto:Amy.J.Osik.ctr@mail.mil), or [Adrienne.C.Carlisle.ctr@mail.mil](mailto:Adrienne.C.Carlisle.ctr@mail.mil).

Physician Acupuncturists, who would like to register for the four-day Military Acupuncture Refresher Program at WRNMMC April 10-13 from 8:30 a.m. to 1 p.m., should call Ron Madison at 301-319-8672 or send an email to [Ronald.d.madison.mil@mail.mil](mailto:Ronald.d.madison.mil@mail.mil).

## NSA Bethesda: From the Deckplates

### Which Person or Event in Black History has Helped Shape Our Country to be What it is Today?



"I think Dr. Martin Luther King was an influential person who paved the way for black people to enjoy the freedoms that we enjoy today. He made us believe that we can achieve anything that we put our minds and our hearts into, and that everything is possible, we just have to believe and work hard towards it."

- Hospital Corpsman  
3rd Class Abu Mukailah,  
Operational Readiness



"For Rosa Parks, a black woman, to stand up to authority in her period of time, she changed the course of history. That took a lot of moxie and that was something all Americans should be proud of."

-Heather Cox, USO Volunteer



"I believe many medal-winning African-American athletes who competed in the Olympics, and even some inspirational boxers throughout history, influenced children to get into sports to be active. They transcend generations and give youngsters hope that they can grow up and achieve greatness."

-Bryan Jackson, Morale, Welfare  
and Recreation Fitness Center  
Aquatics Manager



"What struck me about the events of Selma, what has impacted us the most in this country, was blacks having the ability to vote. I never understood the importance of Selma and how that was a pivotal point in the lives of blacks, and the lives that were lost in the process. For me, there is a deep appreciation for those people. I decided that I will never miss the opportunity to vote because of the fight that was fought for those rights."

-Kimberley Tobiere-Agnew, Fleet  
and Family Support Center Sexual  
Assault Response Coordinator

# WRNMMC Celebrates Army Nurse Corps' 114th Birthday

**By Bernard S. Little**  
WRNMMC Public Affairs  
staff writer

With members of the Walter Reed National Military Medical Center (WRNMMC) nursing team wearing Army uniforms of different eras from throughout the 114-year existence of the Army Nurse Corps (ANC), medical center staff members celebrated the ANC's birthday during a program in the hospital chapel on Feb. 2.

"I'm proud of our rich history and the contributions we have made in shaping Army medicine," said Maj. Gen. Jimmie O. Keenan, chief of the ANC, in a videotaped message showed at the program. "The Army Nursing Team – Demonstrating the Courage to Care, Connect and Change for 114 Years," was this year's theme for the celebration.

"We continuously represent patients when they are at their most vulnerable," Keenan continued. Members of the Army nursing team "truly advocate for our patients at all levels,"

the corps' chief nurse added. "As Army nurses, you continue to foster an environment of zero-preventable patient harm." She explained this improves patient safety, as well as ensures systems and processes are in place to remove errors and better reliability in the delivery of care. "I am truly humbled by your honored service and dedication to caring for America's sons and daughters," she concluded.

Retired Col. Janet Southby, a chief nurse at the former Walter Reed Army Medical Center, participated in the WRB celebration with a reading of the history of the ANC. "This is my 50th celebration of the Army Nurse Corps birthday," said Southby, who served in the ANC for more than 30 years before retiring in 1996. She was first commissioned as a second lieutenant in the ANC in 1965, and served in Vietnam.

The retired colonel explained on Feb. 2, 1901, the ANC was established as a permanent corps within the U.S. Army Medical Department (AMEDD), an effort spearheaded in large

part by Dr. Anita Newcomb McGee and advocates for a professional nursing element within the Army. McGee was a physician and appointed Acting Assistant Surgeon in the United States Army on Aug. 29, 1898, and placed in charge of the Army's nurses under the Army Surgeon General's Department. She helped draft Army Reorganization Act of 1901 legislation, which included Section 19 calling for the establishment of the ANC. Prior to this formal and legal recognition of nurses within the AMEDD, individuals had been providing care to sick and wounded Soldiers as early as 1775 in the Continental Army.

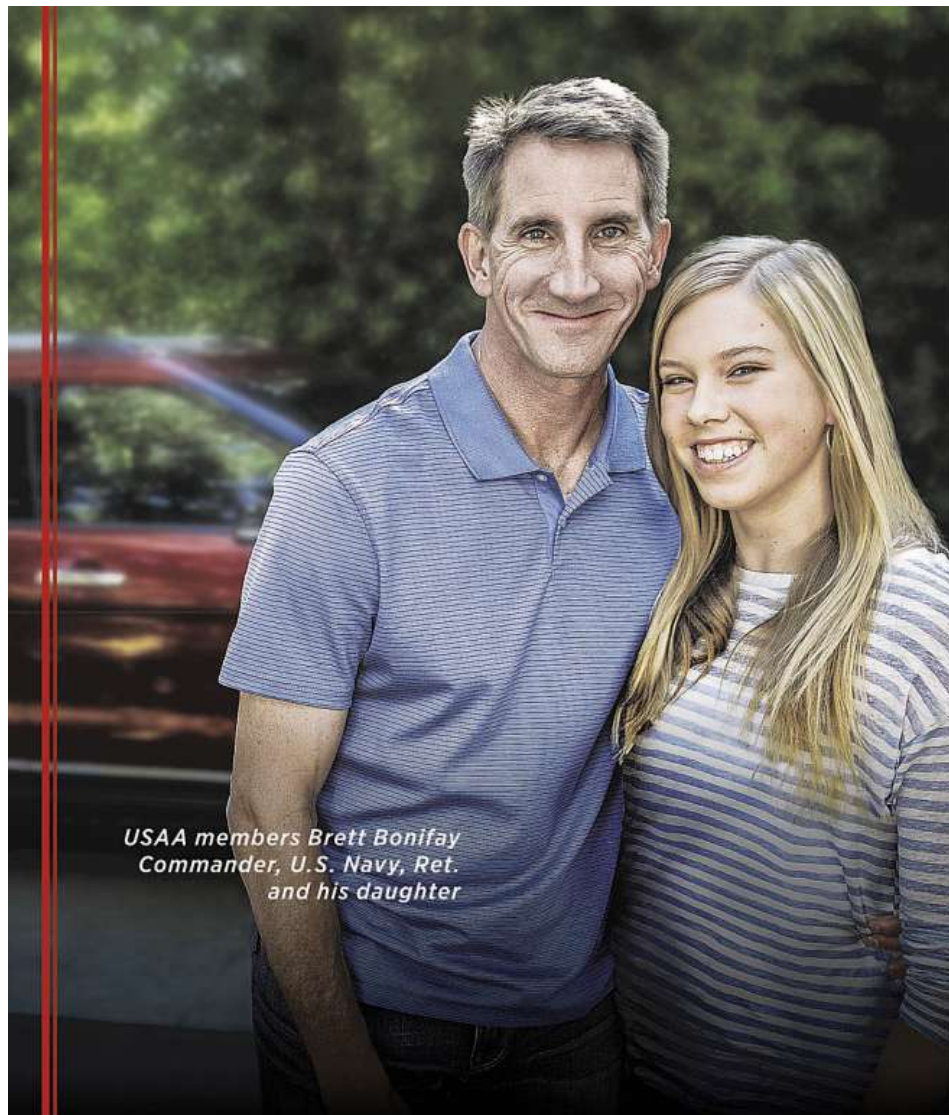
Also as part of the ANC celebration, Army Capt. Laura Manzo, a Walter Reed Bethesda nurse, said since its establishment, the corps has evolved "to meet and exceed the challenges of a growing nursing profession, improving its quality of care through clinical specialization and expansion of professional roles."

See **BIRTHDAY** page 6



Photo by Bernard S. Little

**Army Col. Ray Antoine, director of Nursing Services at Walter Reed National Military Medical Center (WRNMMC), and 2nd Lt. Delaney Ferguson, a new Army nurse, cut the cake celebrating the 114th birthday of the Army Nurse Corps during a program at WRNMMC on Feb. 2.**



USAA members Brett Bonifay  
Commander, U.S. Navy, Ret.  
and his daughter

SWITCH TO  
THE INSURANCE  
WHERE **92%** OF MEMBERS  
PLAN TO STAY  
FOR LIFE<sup>1</sup>

**USAA Auto Insurance rates  
beat the competition 3 out of 4 times.<sup>2</sup>**

In fact, members who switch to USAA save an average of \$409 a year.<sup>2</sup> Competitive rates: just one reason our members are as loyal to us as we are to them.

**GET A QUOTE.**  
[usaa.com/insurance](http://usaa.com/insurance)  
or 800-531-8722



<sup>1</sup>92% based on 2014 member communications trend survey. <sup>2</sup>Savings based on countrywide survey of new customers from 11/1/2012 to 10/31/2013, who reported their prior insurers' premiums when they switched to USAA. Savings do not apply in MA. Use of the term "member" or "membership" does not convey any eligibility rights for auto and property insurance products or legal or ownership rights in USAA. Ownership rights are limited to eligible policyholders of United Services Automobile Association. Membership and product eligibility and underwriting restrictions apply and are subject to change. Automobile insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, and USAA County Mutual Insurance Company, San Antonio, TX, and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. © 2014 USAA. 207910-0814

# Learning and Development Roadmaps Now Instantly Updatable

**By Lt. j.g. Michael Hathaway, Naval Education and Training Command Public Affairs**

Naval Education and Training Command (NETC) announced Feb. 10 that the Navy's comprehensive enlisted career guides, Learning and Development Roadmaps (LaDR), have transitioned to a Web application that is easily-accessed and instantly updatable.

Available through Navy Knowledge Online (NKO) and Navy Credentialing Opportunities On-Line (Navy COOL), LaDRs are a vital tool that help guide enlisted Sailors throughout their career advancement, and are available for all enlisted ratings and paygrades.

"The LaDRs effectively provide Sailors and their leadership a guide that displays in one location all of their current and projected enlisted training and education requirements as they advance," said Richard Nein, NETC LaDR program analyst. "The LaDRs also include suggested certifications, apprenticeships and educational opportunities that can help with job performance and advancement."

Previously, LaDRs were static .pdf documents reviewed and updated annually, drawing from revisions and modifications submitted to NETC by 13 separate learning centers and three training support centers throughout the Navy.

By using the newly-launched application, the learning centers are able to review and directly update the LaDRs as needed for their specific ratings and the changes are reflected and available to Sailors immediately. LaDRs support a career-long learning continuum, helping Sailors prepare for their role in the fleet.

"LaDR accuracy and standardization are now greatly improved," said Tom Smith, NETC Enlisted Professional Military Program coordinator. "We've added a sample career path to all LaDRs; a short document developed by detailers and community managers that outlines the ideal career for a Sailor to follow in their given rate, to include tours, education, and assignments. It's a valuable tool for a senior and a subordinate to have a discussion about that person's career. It gives a

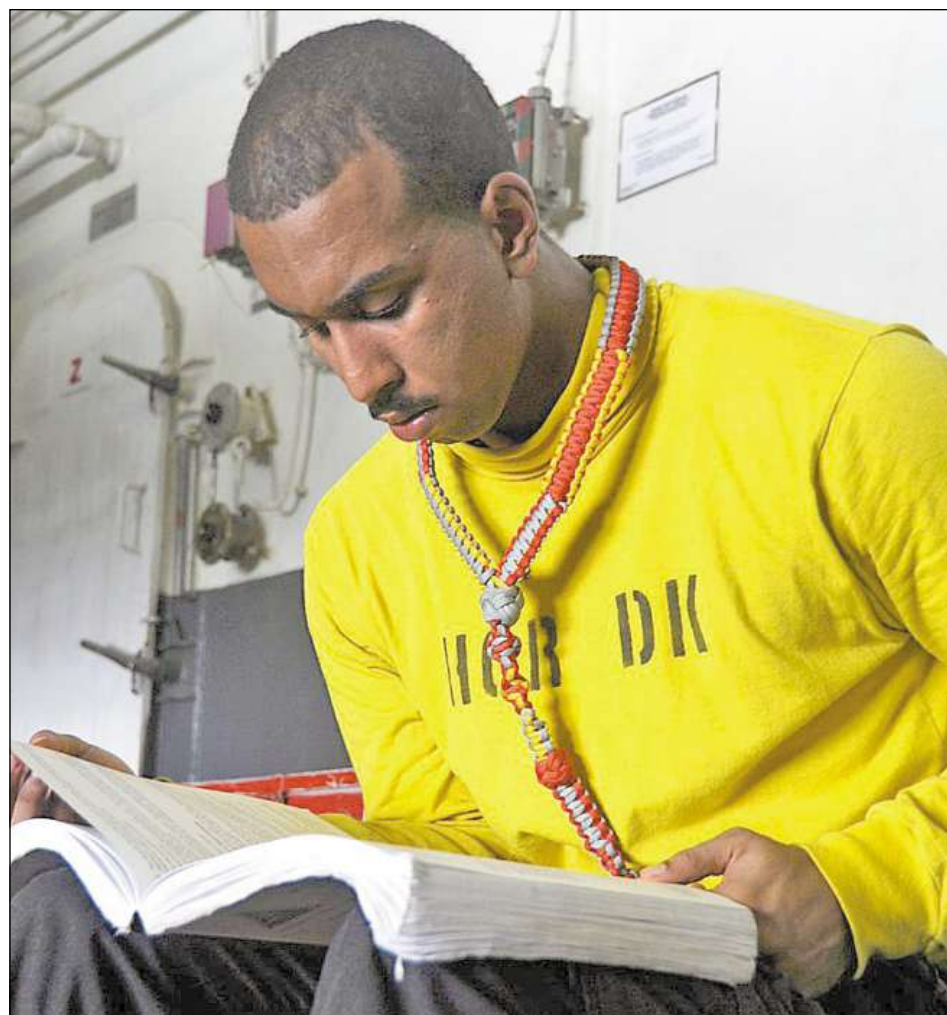
junior Sailor a career path to follow."

Master Chief Navy Counselor James Brady, Command Career Counselor for the aircraft carrier USS Ronald Reagan (CVN 76), is a strong believer that LaDRs are tools that can significantly help a Sailor's career navigation.

"LaDRs play a vital role in a Sailor's career right from the start," explained Brady. "We as command career counselors should ensure that every Sailor gets a detailed explanation of how to utilize this valuable tool throughout their time in the Navy. Not only will it make them a better Sailor, but it will also prepare them for the private sector, college, and life itself. It is highly stressed the LaDR be reviewed regularly by the Sailor and referenced by the chain of command during Career Development Boards."

Air-Traffic Controller 2nd Class Michelle Coleman plans to make master chief one day.

"I like that the LaDR shows you where you need to be for the next pay grade," said Coleman. "It's a lot of valuable information, including online courses, a degree plan, and



U.S. Navy photo by Mass Communication Specialist 3rd Class Lorelei Vander Griend

**Aviation Boatswain's Mate (Handling) 3rd Class James Carson, from Ozark, Ala., studies for the upcoming advancement exam aboard the aircraft carrier USS George H.W. Bush (CVN 77).**

shipboard qualifications. Also, the recommended readings and leadership courses are appreciated."

For more information about LaDRs, visit Navy

Knowledge Online: [www.nko.navy.mil](http://www.nko.navy.mil). For more information about Navy Credentialing Opportunities On-Line, visit [www.cool.navy.mil](http://www.cool.navy.mil).

For more information about the Naval Education and Training Command, visit <https://www.netc.navy.mil/> and [www.navy.mil/local/cnet/](http://www.navy.mil/local/cnet/).

## African Americans in Medical History

African Americans have made significant contributions to the practice of medicine, with a tradition of care and innovation as physicians, scientists, midwives, and faith healers. The following are some of those who have advanced the practice of medicine.

- **Harriet Tubman and Sojourner Truth** – Former slaves who nursed Soldiers during the Civil War.
- **Dr. Daniel Hale Williams** – Performed the world's first successful heart surgery and founded first black-owned hospital in America.
- **Dr. Charles Drew** – Surgeon and medical researcher, inventor of the blood bank.
- **Dr. Leonidas Berry** – Gastroscope pioneer.
- **Dr. Ben Carson** – Pediatric Neurosurgeon was the first to successfully separate conjoined twins at the head.
- **Bessie Blount Griffin** – Physical therapist who invented an amputee self-feeding device.
- **Samuel Kountz** – Organ transplantation pioneer, renal transplant researcher.
- **Vivien Thomas** – A surgical technician who developed a Blue Baby Syndrome treatment in the 1940s.
- **Jane C. Wright** – Pioneered the use of methotrexate to treat breast and skin cancer.

## MILITARY PERSONNEL

### Retiring soon?

Primerica offers unique entrepreneurial opportunity part-time or full-time. Instruction provided. Great compensation potential.

**For more information call  
Steve at 301-864-3580  
or 866-601-4862**

1042254

Visit Us Online [www.dcmilitary.com](http://www.dcmilitary.com)



Eligible veterans and active duty applicants can receive a .25% lower MMP mortgage rate and a federal tax credit.

[MMP.MARYLAND.GOV/HOMEFRONT](http://MMP.MARYLAND.GOV/HOMEFRONT)



1050507

## We've got you covered for *Memory Care, Senior Living, Nursing & Rehabilitation*

HCR ManorCare offers a unique range of care in the Washington D.C. area under the Heartland, ManorCare, Springhouse and Arden Courts names. By pooling our resources and expertise, we are able to provide carefully coordinated, individualized care options that maximize health, comfort, independence and dignity for our patients, residents and their families.

**ManorCare**   
Health Services

ManorCare's skilled nursing and rehabilitation centers offer post-acute services for those recovering from life-changing events such as illness, injury, surgery or multiple health issues — and need additional care before transitioning from hospital to home. Locations in:

**Adelphi • Bethesda • Chevy Chase • Hyattsville • Largo  
Potomac • Silver Spring • Wheaton  
800.736.4427**

**Heartland**   
Enriching life.

Provided at home, within an assisted living or skilled nursing center our hospice program includes comfort care, pain management and education for the patient and family, as well as psychosocial and spiritual support.

**Baltimore 410.719.8670**

**Arden Courts** 

Arden Courts were researched, designed and developed for persons living with Alzheimer's disease and other related dementias. We know, we understand, and we can help, because memory care is all we do.<sup>SM</sup> Memory care communities:

**Annandale • Fair Oaks • Kensington • Potomac • Silver Spring  
888.478.2410**

**Springhouse** 

Our senior living residences provide a sensible mix of security, socialization and health care when needed. A gracious home with the support seniors need to lead full and independent lives can be found in:

**Bethesda • Silver Spring • Westwood  
888.478.2410**



**HCR ManorCare**   
Heartland • ManorCare • Arden Courts • Springhouse

1050570



Photo by Bernard S. Little

**Current members of the Walter Reed Bethesda nursing team wear period uniforms from throughout the 114-year existence of the Army Nurse Corps (ANC) during the medical center's celebration of the 114th birthday of the ANC on Feb. 2 in the hospital chapel.**

## BIRTHDAY

Continued from pg. 4

"As the AMEDD transforms, we will continue to support the warfighter mission, take care of America's sons and daughters, and work smart to pursue a highly-functioning organization," continued Army 2nd Lt. Delaney Ferguson, one of the newest nurses on the WRNMMC nursing team. "Army Nurse Corps members are some of the most educated leaders and innovators in the field of nursing, and they will continue to use the cutting-edge of technology to improve upon the [profession]," she added.

Guest speaker at the program, Col. Ray Antoine, said following a hitch in the Marines, he was inspired to become an Army nurse after seeing a photograph of Gen. Colin Powell in uniform on the cover of a national magazine, and an inside article about Brig. Gen. Clara Adams-Enders, 18th chief of the ANC, in the same issue nearly 30 years ago.

Antoine, director of Nursing Services at WRNMMC explained although the celebration of the ANC birthday is an appropriate time to pause and reflect on the history of the corps, it is also a time to look forward. "[Throughout the nation's history], Army nurses have provided responsive, innovative, evidence-based care while setting the standard for nursing practices."

He added the current foundation for Army nursing is in the Patient Caring

Touch System (PCTS), which includes enhanced communication, capability building, evidence-based practices, healthy work environments and patient advocacy. PCTS is designed to reduce clinical variance in order to improve the quality of care provided to patients and their families.

"The ANC adapts to the needs of a transformational Army, expanding and consolidating roles in support of the health-care requirements of our nation," Antoine continued. "Army nurses actively support the Performance Triad, serving as a critical partner with our beneficiaries to directly impact their 'Lifespaces' by collaborating with them to improve their individual activity, nutrition and sleep habits."

The colonel added the ANC will continue to posture itself to meet the future needs of the force, working in more joint health-care systems and ready and able to respond when called upon.

Concluding the ceremony, retired Col. Roy Harris, an Army nurse for more than 30 years, said, "Those of us who have served, who are serving, and who will serve, create legacies from generation to generation; each profoundly unique unto itself with focus on our professional identity as nurses who serve in uniform, and committed to our patients and sense of duty to our country."

Harris challenged ANC members to challenge themselves to perform "beyond what you think you can do, and contribute to those in your profession of nursing and your country in profound ways to make a difference."

**Connect with the Military Community in Your Local Area**

Go to  
**www.DCMilitary.com**

# SURVEY

Continued from pg. 1

then reassess and refine or sustain. That’s basically it,” WRNMMC’s JC program manager said, adding that often-times one aspect of care can be assessed multiple times in one day.

Staff and leaders engaged in a series of meetings and planning along with staff training. “Doctors, nurses, frontline staff — we walked around and talked to staff and patients,” Monroe said. “It’s the whole hospital, it’s everyone.”

Monroe utilized e-mails to Walter Reed Bethesda staffers, as early as December 2014, with “Joint Commission Tips-of-the Day.”

“The purpose of the e-mails is just another way of communicating what’s needed to help everyone in the hospital stay ready,” he said. “It’s a quick way to put out information on Joint Commission expectations that we know can be challenging.”

Six key people will perform the week-long survey: a physician, two nurses, an expert in ambulatory care, an expert at addiction services, as well as a life safety code specialist.

“It’s at least 23 surveyor days,” Mon-

roe explained. “It goes over five days: four people here for five days, which is 20 [surveyor days], and the life-safety code specialist here for two days, and one surveyor here for one to two days

In an e-mail to staff last week, WRNMMC Director Army Brig. Gen. Jeffrey B. Clark, welcomed the survey team as partners to help as well as ensure an exceptional patient experience for every patient, every time. “We will take advantage of this opportunity to learn and to improve the care we provide America’s Heroes,” he said.

Quality is the cornerstone of the patient experience, Clark continued.

The medical center director concluded with encouragement. “I am very proud of the Walter Reed Bethesda Family — show the [survey] team how good we are!”

The Joint Commission is a U.S.-based non-profit organization that surveys more than 19,000 health-care organizations and programs in the United States for possible accreditation. According to its website, the JC’s mission is “to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value.”

For more news from other bases around the Washington, D.C. area,

**visit [www.dcmilitary.com](http://www.dcmilitary.com).**

## Professional Services

Call **301-670-7106**

Clinical Research

Clinical Research



### Volunteers needed

Compensation paid to healthy female and male volunteers for donations of bone marrow for research efforts in such areas as cancer and other serious illnesses.

- Ages 18 to 45
- In good health
- Not engaged in high risk behaviors

Confidential interview and screening provided at our convenient Rockville MD office.

Donations occur at our Bethesda and Germantown, MD offices by board certified physicians. Both locations are accessible by MetroRail and Metro Ride-On.

FINANCIAL COMPENSATION PROVIDED

AD-Bone Marrow 12/08

For more information, or to schedule an appointment:  
Toll free: (888) 926-9211  
Email: [donorinfo@lonza.com](mailto:donorinfo@lonza.com)

**Lonza**

Reach over  
**125,000**  
military  
personnel,  
their families  
and  
the surrounding  
areas

Advertise Your  
Professional  
Service Here

Call  
**301.670.7106**

## THE EDUCATION YOU WANT. THE SUPPORT YOU DESERVE.



You’ll find University of Maryland University College (UMUC) online and on-site right here at Walter Reed NMMC. We stand ready to help you pursue your degree and advance your career in cybersecurity, business and management, public safety and other in-demand fields.

In person or online, UMUC’s dedicated military advisors can help you

- Make the most of your military benefits.
- Identify which credits can be transferred from other colleges and military service schools and applied toward your degree.
- Map out your path to degree completion.
- Apply for admission and register.

 **UMUC**  
University of Maryland University College  
**AT YOUR SERVICE SINCE 1947**

★ Recognized as a 2014 Military Friendly School™  
by G.I. Jobs and Military Advanced Education ★

**Stop by or call**  
**4650 Taylor Road, Bldg. 17B, Suite 2D**  
**Bethesda, MD**  
**301-654-1377 • [military.umuc.edu/walterreedonsite](http://military.umuc.edu/walterreedonsite)**

## Improving Patient Care by Advancing Healthcare Knowledge Since 1891.



### AMSUS Provides Professional Development via:

- Online Continuing Education Credits
- Annual Meeting
- Networking Opportunities
- e-Newsletter
- Annual Awards Program
- Monthly Professional Medical Journal
- Federal Health Voice in Coalition & Alliance
- Advocacy on Capitol Hill

AMSUS represents all healthcare disciplines within all federal health agencies.

For more information about AMSUS and to become a member, visit **AMSUS.org**, and stay connected on Facebook and LinkedIn.

9320 Old Georgetown Road  
Bethesda, MD 20814-1653  
(301) 897-8800 • (800) 761-9320  
**www.amsus.org**

**AMSUS**  
The Society of Federal Health Professionals

1043202

## DIGNITY. SECURITY. FRIENDSHIP.



## VINSON HALL RETIREMENT COMMUNITY

Vinson Hall Retirement Community is a nonprofit CCRC located in convenient McLean, VA and offers independent residential living for military officers, their immediate family, and select government employees of equal rank.

Arleigh Burke Pavilion Assisted Living and The Sylvestery Memory Support Assisted Living **do not require military affiliation.**

### VINSON HALL RETIREMENT COMMUNITY

supported by Navy Marine Coast Guard Residence Foundation

6251 Old Dominion Drive, McLean, VA 22101

Please Visit Us at **www.vinsonhall.org**

**703-536-4344**



1050063



Mercedes-Benz

## DELIVERING LUXURY TO OUR TROOPS AND VETERANS.



2014 Mercedes-Benz CLA-Class  
Starting at \$29,900



2014 Mercedes-Benz ML 350 Sport Utility

**EuroMotorcars**  
BETHESDA

EuroMotorcars Bethesda  
Randy Merry and Jim Pratt, New Car Sales Managers  
Gregg Eisenberg and Kenny Griffin, Pre-Owned Sales Managers  
888.250.2987  
EuroBethesda.com  
7020 Arlington Road, Bethesda, MD 20814

\*See dealer for complete details. Photos used for advertising purposes only.

1050572